



National Youth Sports

## FUTSAL RULES

### Attire:

1. Shin guards are mandatory and must be worn under socks.
2. Jerseys must be tucked into shorts.
3. No hats, jewelry, or cleats are allowed.

### Field

1. The field size should be a full basketball court or arena.
2. Goal Size is 8x5
3. All players not playing the game must be five yards behind the sidelines.

### Game Length

1. Tiny Tots (2) 10 min halves, 4-5 & 6-7 years old: (4) 8 minute quarters
2. 3 minute half time
3. No Time outs (exception- injury or safety concern)

### Futsal Rules Simplified

1. If the rule is not addressed, assume the laws of play are the same as outdoor.
2. 5 + a Goalie- per team on the court at once.
3. Unlimited flying substitution; i.e. players can re-enter the game as many times without notifying the referee. This includes goalkeepers.
4. There is no offside.
5. Side-line kick ins; The ball is placed on the side line and kicked to another player.
6. For a goal to be scored, all of the ball has to be over the line.
7. A goal cannot be scored from a kick-in unless it touches another player.
8. Goalkeeper can throw the ball over the half-way line on the full.
9. Goalkeeper throws the ball in (instead of a goal kick) unless he/she saves it, then it can be drop kicked, punted, thrown, or dribbled.
10. Goalkeeper has 4 seconds time limit to control the ball in general play unless he/she is in the opposition's half of the court
11. Goalkeepers are not allowed to pick up a back pass from any of their team players.
12. Once the goalkeeper has released the ball from his/hers possession he/she cannot receive it back unless it has been over the half-way line or touched by an opposing player. This is called two touch – indirect free-kick against
13. Goalkeepers can make “flying substitutions” without waiting for stoppage in play.
14. No slide tackling or rough play. Dangerous play is never allowed.
15. A player can score a goal directly from a corner.
16. Should the ball hit the ceiling, the opposing team restarts play with a kick-in.
17. The second penalty mark is 10 meters from the goal line.
18. Players are allowed anywhere on the court.

\*\*\*Any questions regarding these rules, please contact the Site Directors at the facility.